

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	John 6:24-35	Christ, the bread of life
Monday	Deuteronomy 8:1-18	You will eat your fill
Tuesday	Isaiah 55:1-9	Come and eat
Wednesday	1 Kings 17:1-6	Elijah is fed
Thursday	Mark 14:12-17,22-26	Jesus takes bread
Friday	1 Corinthians 10:16-17, 11:23-26	The Lord's Supper
Saturday	Psalms 107:1-3,33-43	God feeds the hungry
Sunday	John 6:35,41-51	Bread from heaven

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	John 6:24-35	Christ, the bread of life
Monday	Deuteronomy 8:1-18	You will eat your fill
Tuesday	Isaiah 55:1-9	Come and eat
Wednesday	1 Kings 17:1-6	Elijah is fed
Thursday	Mark 14:12-17,22-26	Jesus takes bread
Friday	1 Corinthians 10:16-17, 11:23-26	The Lord's Supper
Saturday	Psalms 107:1-3,33-43	God feeds the hungry
Sunday	John 6:35,41-51	Bread from heaven

Scripture Verse for the Week:

Then Jesus said, "I am the bread of life. No one who comes to me will ever go hungry. And no one who believes in me will ever be thirsty." – John 6:35 (NIRV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Jesus, bread of life, I come to you to be fed. Amen. (John 6:27,35)

For Throughout the Day:

Lord God, thank you for your saving love. Help me to live up to the life you have called me to. Amen. (Ephesians 4:1)

A Blessing to Share:

May Jesus, the bread of life, give you all you need for life here and in heaven with him. Amen.

Mealtime Refrain:

Jesus, bread of life:
Come near and feed us.

Mealtime Prayer:

*Jesus, bread of life: Feed us, body and soul.
Jesus, bread from heaven: Come and make us whole.
Amen.*

SCRIPTURE

Scripture Verse for the Week:

Then Jesus said, "I am the bread of life. No one who comes to me will ever go hungry. And no one who believes in me will ever be thirsty." – John 6:35 (NIRV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Jesus, bread of life, I come to you to be fed. Amen. (John 6:27,35)

For Throughout the Day:

Lord God, thank you for your saving love. Help me to live up to the life you have called me to. Amen. (Ephesians 4:1)

A Blessing to Share:

May Jesus, the bread of life, give you all you need for life here and in heaven with him. Amen.

Mealtime Refrain:

Jesus, bread of life:
Come near and feed us.

Mealtime Prayer:

*Jesus, bread of life: Feed us, body and soul.
Jesus, bread from heaven: Come and make us whole.
Amen.*

SCRIPTURE

Faith Talk:

Discuss in your household or small group:

- What are your favorite foods?
- Jesus called himself the “bread of life”. He said that those who come to him will never go hungry. What do you think he meant?
- In what ways does Jesus feed you?

Devotional Practices:

Ephesians 4:11 says “Christ gave gifts to people—he made some to be apostles, some to be prophets, some to go and tell the Good News, and some to have the work of caring for and teaching God’s people.”

In your devotional times this week, pray for those who serve your church in various ways with their gifts. Send them an encouragement note or a card to let them know that you have been praying on their behalf.

Service:

As Jesus feeds us spiritually and physically, he invites us to feed others. Gather some grocery items to donate to a local food pantry that serves the needy in your community. Pray for the people that will benefit.

Rituals and Traditions:

Make bread together as a household. Try this simple recipe:

Ingredients: 1 cup milk (hot); ¼ cup sugar; 4 tbsp. margarine; 1 tsp. salt; 1 pkg. yeast; 1 egg; 4 cups all-purpose flour; ¼ cup warm water.

Instructions: To the hot milk add sugar, margarine and salt ... let cool. In a small bowl mix the warm water & yeast. Set aside until bubbly (about 5 min.) To the milk mixture add 1 cup of flour and mix well. Add one slightly beaten egg and yeast mixture. Use a wire whisk to mix this. Next add approximately 3 more cups of flour (use wooden spoon). Knead, then place in greased bowl for first rise. Punch down or knead, place in two greased bread pans, cover with a damp cloth and let rise again. Bake at 350°F (180°C) for 20 minutes.

As you enjoy what you have baked, talk about how Jesus is the “bread of life” for you.

Faith Talk:

Discuss in your household or small group:

- What are your favorite foods?
- Jesus called himself the “bread of life”. He said that those who come to him will never go hungry. What do you think he meant?
- In what ways does Jesus feed you?

Devotional Practices:

Ephesians 4:11 says “Christ gave gifts to people—he made some to be apostles, some to be prophets, some to go and tell the Good News, and some to have the work of caring for and teaching God’s people.”

In your devotional times this week, pray for those who serve your church in various ways with their gifts. Send them an encouragement note or a card to let them know that you have been praying on their behalf.

Service:

As Jesus feeds us spiritually and physically, he invites us to feed others. Gather some grocery items to donate to a local food pantry that serves the needy in your community. Pray for the people that will benefit.

Rituals and Traditions:

Make bread together as a household. Try this simple recipe:

Ingredients: 1 cup milk (hot); ¼ cup sugar; 4 tbsp. margarine; 1 tsp. salt; 1 pkg. yeast; 1 egg; 4 cups all-purpose flour; ¼ cup warm water.

Instructions: To the hot milk add sugar, margarine and salt ... let cool. In a small bowl mix the warm water & yeast. Set aside until bubbly (about 5 min.) To the milk mixture add 1 cup of flour and mix well. Add one slightly beaten egg and yeast mixture. Use a wire whisk to mix this. Next add approximately 3 more cups of flour (use wooden spoon). Knead, then place in greased bowl for first rise. Punch down or knead, place in two greased bread pans, cover with a damp cloth and let rise again. Bake at 350°F (180°C) for 20 minutes.

As you enjoy what you have baked, talk about how Jesus is the “bread of life” for you.