

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Mark 1:40-45	Jesus heals a man with leprosy
Monday	Exodus 4:1-7	A sign for Moses
Tuesday	Numbers 12:1-15	Miriam struck with leprosy
Wednesday	2 Chronicles 26:1-21	Uzziah struck with leprosy
Thursday	Luke 17:11-19	Jesus heals ten lepers
Friday	Acts 19:11-20	Paul heals the sick
Saturday	Psalm 6	Prayer for healing
Sunday	Mark 9:2-9	The transfiguration of Jesus

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Scripture Verses for this Week:

Sing praises to the Lord, you who belong to him; praise his holy name. His anger lasts only a moment, but his kindness lasts for a lifetime. Crying may last for a night, but joy comes in the morning. – Psalm 30:4-5 (NCV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Lord Jesus, I want to be healed. Please show me your kindness. Amen. (Mark 1:40-41)

For Throughout the Day:

Lord Jesus, please help me to run the race of faith this day, my eyes fixed on you. Amen. (1 Corinthians 9:24-25)

A Blessing to Share:

May God show you his kindness, bring you his healing, and crown you with his love. Amen.

Mealtime Refrain:

Sing praises to the Lord: **His kindness lasts a lifetime.** (Psalm 30:4-5)

Mealtime Prayer:

*Our hands we fold, our heads we bow.
For food and drink, we thank God now. Amen.*



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Faith Talk:

Discuss in your household or small group:

- How does it feel to be left out? Share about a time when you felt that way.
- In Jesus' time, people with leprosy were not allowed to mix with others. When Jesus healed the man with leprosy, how do you think the man's life might have changed? (Read Mark 1:40-45.)
- How has Jesus changed your life? How does he want us to treat others who feel left out?

Devotional Practices:

This week, make a point of praying for people who are sick. Prepare a list of people and mention them by name each day in your household prayers. Prepare "Get well" cards to send to them.

Service:

In Jesus' time, lepers not only suffered because of their sickness. They were also social outcasts. When Jesus healed the leper he gave him a whole new beginning in life. Talk about people you know who may feel left out at school, church or in the community. Plan to invite such a person for a meal or to be part of a household activity. Pray for them.

Rituals and Traditions:

Post a "Question of the Week" on a piece of paper or a whiteboard in a common area of your home, together with a pen or marker. Questions might include "What are your favorite foods?"; "What is a birthday gift you'd like to receive?"; "What is your favorite bible story?"; "What annoys you?" ... Invite household members to post their answers during the week. Use the answers as the basis for sharing and conversation. Change the question each week. Ask household members for their question suggestions.

Parent Toolbox: *Showing Equal Love to our Children*

In families it is common for one child to feel "left out" over and against a sibling, whom they view as "better" or more favored by their parents. In responding to the behaviors and achievements of their children, parents can unconsciously send the message that one child is preferred over and against another. It is important for us to be intentional in showing love to all of our children in ways that are not behavior-dependent. When a child misbehaves, take time to explain "I don't like what you did, but I still like you." Compliment them for their own unique and special qualities. Give unconditional affection.

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