

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Mark 1:14-20	Jesus calls disciples at the sea
Monday	Genesis 12:1-9	God calls Abram to go to Canaan
Tuesday	Genesis 45:25 – 46:7	God calls Jacob to go to Egypt
Wednesday	Jeremiah 1:4-10,17-19	God calls Jeremiah
Thursday	Mark 3:13-19	Jesus appoints the twelve
Friday	1 Corinthians 7:17-24	Live the life assigned to you
Saturday	Psalms 46	We will not fear
Sunday	Mark 1:21-28	Jesus casts out an evil spirit

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Scripture Verse for this Week:

“Come, follow me,” Jesus said, “and I will send you out to fish for people.”
– Mark 1:17 (TNIV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Lord God, thank you for all you have given me. Help me to use well the things I have, but not to become wrapped up in them. Amen. (1 Corinthians 7:31)

For Throughout the Day:

Lord Jesus, I want to follow you. Make me a fisher of people. Amen. (Mark 1:17)

A Blessing to Share:

May God be your King and help you to follow his Son. Amen.
(Mk. 1:15-17)

Mealtime Refrain:

Our God is strong: **Our Lord is loving.** (Ps. 62:11-12)

Mealtime Prayer:

*Come, Spirit of God, and make this food sweet.
Give strength to our hands and guide our feet. Amen*



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Faith Talk:

Discuss in your household or small group:

- Have you given up something to follow Jesus? Share your story.
- What did Simon, Andrew, James and John give up to follow Jesus? How do you think they felt?
- What does it mean to be a “fisher of people”?

Devotional Practices:

As part of your home devotional times this week, pray for people who do not know Jesus. Make a list of names (perhaps in the shape of a fish!) and pray for each of them in turn. You may want to reproduce the list for each household member to carry with them during the week.

Service:

February 4th is “World Cancer Day”. Send a card of encouragement to someone you know who is suffering from cancer. Make a donation to a charity raising funds to fight cancer.

Rituals and Traditions:

Christ is confessed through the care and love that Christian household members show to one another. Passing on faith in household life is then not simply a matter of words; it concerns the whole atmosphere or climate within the home. Intentional Christian parenting involves making and taking opportunities for household members to enjoy one another’s company. Through these shared experiences the “core values” of our faith can be expressed and embodied.

A household games hour can be one such opportunity for positive, shared time together. Select one hour this week for playing a game or games with one another. (The card game “Go Fish” might provide a natural link for talking about this week’s Gospel with children.)

Parent Toolbox: Pointing the Way to Christ

Through Moses, God instructed the Israelites of old to write God’s instructions on the doorframes of their houses and on their gates – to set up physical reminders of God’s presence and involvement with their lives (Deut. 6:9). The way you decorate your home can serve as a spiritual reminder to household members and a sign to visitors that Christ is central to your life.

- Aim to have some sort of Christian symbol in each room of your home.
- Make up a prayer board with photos of people you regularly pray for.
- Hang a small cross beside your main entrance door.
- Display a bible in a visible place.
- Frame and display the baptismal certificates of all family members.
- Place religious art on your walls (including your children’s!).
- Use calendars with bible verses upon them.

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