

**Daily Bible Readings:**

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Mark 9:38-50	Avoiding sin
Monday	Matthew 5:13-20	You are the salt of the earth
Tuesday	Luke 14:25-35	Keep your saltiness
Wednesday	Colossians 3:12-17, 4:2-6	Salty conversation
Thursday	Romans 6:1-14	Do not let sin rule you
Friday	1 Corinthians 10:23-33	Do not cause others to stumble
Saturday	Psalms 101	Pursuing a blameless life
Sunday	Mark 10:2-16	Jesus blesses the children

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**Scripture Verse for the Week:**

Are any of you in trouble? Then you should pray. Are any of you happy? Then sing songs of praise.  
– James 5:13 (NIRV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

**Prayer for this Week:**

Don't let me do wrong on purpose, Lord. Keep sin from controlling my life. Amen. (Psalm 19:13)

**For Throughout the Day:**

Lord, may the words of my mouth and the thoughts of my heart be pleasing to you this day. You are my Rock and my Redeemer. Amen. (Psalm 19:14)

**A Blessing to Share:**

*May God's teachings guide you in all that you do, and give you peace with him and with others. Amen.*

**Mealtime Refrain:**

God's laws are more precious than gold:  
**They are sweeter than honey.** (Psalm 19:10)

**Mealtime Prayer:**

*Lord, thanks we say for night and day, food and shelter, rest and play. Be our guest and with us stay. Amen.*

SCRIPTURE

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SCRIPTURE

**Faith Talk:**

Discuss in your household or small group:

- What is salt used for?
- Jesus says to his followers "Be full of salt" (Mark 9:50). What do you think he means?
- In what ways do our lives "flavor" the lives of others? How are you God's "salt" in your relationships with others?

**Devotional Practices:**

Place a bowl of salty water in the centre of your mealtable. In your household devotional times this week, give each other spoonfuls of the water to drink. As they swallow the salty water, say these words: "Be salt for Jesus, through what you do and say."

**Service:**

Jesus urges us to care for our fellow Christians – he says that those who give even a cup of water to a fellow believer in Christ's name will be rewarded by God (Mark 9:41). Who in your church needs care and support at this time? Send them a "thinking of you" note, phone or visit them, or offer practical support for them in some way.

**Rituals and Traditions:**

Enjoy salty foods in your home this week. Make up placemats featuring Jesus' words from Mark 9:50 – "Be full of salt, and have peace with each other" – and use these throughout the week at your mealtable.

**Parent Toolbox: Sweeter than Honey**

Psalm 19 says that God's commands and teachings are more precious than gold and sweeter than honey! We are called to carry them with us like jewelry and to take them in like a favorite food.

One way we can carry God's commands and teachings with us in our daily lives is through the memorization of Bible verses. Choose from your Bibles a handful of verses that you'd like to memorize as a household. Write these out on pieces of blank paper, note card or sections of poster board. Put them up one-at-time in a place where household members will see them (e.g. in the kitchen or dining room). When you gather, practice saying the verse together. Aim to memorize at least one verse each month. When you master one, move onto the next. You can add incentives or rewards to encourage progress.

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